

Week 1

Monday

Tuna & Veg Pasta, Crispy Green Salad

V Veggie Meatball Sub, Tomato Relish, Lettuce, Chipped Potatoes

Mini Orange Biscuit with Fruit Slices

Tuesday

Cottage Pie, Garden Peas & Sweetcorn

V Veggie Sausage Toad in the Hole, Pea, Mashed Potato

Fruity Flapjack

Wednesday

Roast Turkey & Gravy, Carrots, Roast Potatoes

V Veggie Lasagne, Salad, Crusty Bread

Chocolate Sponge & Chocolate Sauce

Thursday

Deep Filled Meat & Potato Pie & Greens

V Chunky Veg Curry Curry with 50/50 Rice, Naan Bread

Frozen Yoghurt or Fresh Fruit

Friday

Fishy Friday, Garden Peas & Sweetcorn, Chipped Potatoes

V Cheese & Tomato Quiche, Garden Peas & Sweetcorn, ½ Jacket Potato

Lemon Drizzle Cake

Munchkins

Primary Menu September 2023

Week 2

Monday

Cook's Choice Pizza, Coleslaw, Salad, ½ Jacket Potato

V Veggie Sweet & Sour, Boiled Rice

Shortbread Biscuit & Sliced Fruit

Tuesday

Chicken Curry, Boiled, Rice, Naan Bread

V Herby Cheese & Potato Puff Pastry Turnover, Baked Beans

Ice Cream Pot

Wednesday

Honey Glazed Gammon, Vegetables, Paprika Roast Potatoes & Gravy

V Sliced Quorn Fillet & Gravy, Vegetable Medley, Roast Potatoes

Rice Pudding & Jam Sauce

Thursday

Chicken Pie, Mashed Potatoes & Gravy

V Loaded Vegetable & Lentil Cottage Pie & Greens

Fresh Fruit Salad

Friday

Fishy Friday, Mushy Peas, Chipped Potatoes

V Roasted Vegetable Pesto Pasta, Crispy Salad

Fairy Cake

Week 3

Monday

V Quorn Bolognese, Spaghetti, Wholemeal Bread

V Veggie Enchilada, Salad, Wholemeal Bread

Iced Muffin

Tuesday

Chicken Tikka Curry, Boiled Rice, Naan

V Meatballs in Gravy, Garden Peas, Mashed Potatoes

Chocolate & Banana Brownie

Wednesday

Roast Pork & Gravy, Sweetcorn, Green Beans, Paprika Potatoes

V Quorn Fillet & Gravy, Seasonal Vegetables, Roast Potatoes

Jam Sponge & Custard

Thursday

The Big Breakfast

V Salmon & Broccoli Quiche, Peas & Oven Baked Wedges

Fruit Jelly & Cream

Friday

Fishy Friday, Garden Peas, Chipped Potatoes

V Tomato & Basil Pasta, Roasted Veg, Crispy Salad/Tear Bread

Mini Cookie & Sliced Fruit



Available daily:
Fresh sandwiches, jacket potatoes with fillings, salad and fresh bread

Also available daily:

Fat free yoghurt, fresh fruit, fresh fruit juice, semi skimmed milk and fresh water

V Suitable for vegetarians

Served here

