



INTIMATE CARE POLICY

OVERVIEW

Here at Norwood we believe that every child should be treated as an individual and that care is given as gently and as sensitively as possible. As far as possible, the child should be allowed to exercise choice and should be encouraged to have a positive image of his/her own body. It is important for staff to bear in mind how they would feel in the child's position. Given the right approach, intimate care can provide opportunities to teach children about the value of their own bodies, to develop their safety skills and to enhance their self-esteem. Parents and staff should be aware that matters concerning intimate care will be dealt with confidentially and sensitively and that the young person's right to privacy and dignity is maintained at all times.

Definition

Intimate care is one of the following:

- Supporting a pupil with dressing/undressing
- Providing comfort or support for a distressed pupil
- Assisting a pupil requiring medical care, who is not able to carry this out unaided
- Cleaning a pupil who has soiled him/herself, has vomited or feels unwell

OBJECTIVES

- To safeguard the rights and promote the best interests of the children
- To ensure children are treated with sensitivity and respect, and in such a way that their experience of intimate care is a positive one
- To safeguard adults required to operate in sensitive situations
- To raise awareness and provide a clear procedure for intimate care
- To inform parents/carers in how intimate care is administered
- To ensure parents/carers are consulted in the intimate care of their children

STRATEGIES

Supporting dressing/undressing

It will be necessary for staff to aid a child in getting dressed or undressed particularly in Reception. Staff will always encourage children to attempt undressing and dressing unaided.

Providing comfort or support

Children may seek physical comfort from staff (particularly children in Reception). Where children require physical support, staff need to be aware that physical contact must be kept to a minimum and be child initiated. When comforting a child or giving reassurance, the member of staff's hands should always be seen and a child should not be positioned close to a member of staff's body which could be regarded as intimate. If physical contact is deemed to be appropriate staff must provide care which is suitable to the age, gender and situation of the child. PPE clothing will be worn by the staff member to ensure the safety of both child and staff member.

If a child touches a member of staff in a way that makes him/her feel uncomfortable this can be gently but firmly discouraged in a way which communicates that the touch, rather than the child is unacceptable.

Medical procedures (Medicines Policy)

If it is necessary for a child to receive medicine during the school day parents must fill out a permission form from the school office and discuss their child's needs with a member of staff before the school agrees to administer medicines or medical care. It must be made clear to parents that staff administration of medicines is voluntary.

All medication should be prescribed for the child in question. Medication should be in the original packaging, have a label attached which is current and in date with full information for the child and directions of usage.

Particular attention should be paid to the safe storage, handling and disposal of medicines kept at school. This duty derives from the Control of Substances Hazardous to Health Regulations 2002 (COSHH). School staff are also responsible for making sure that anyone in school is safe. Medicines should generally be kept in a secure place, not accessible to pupils but arrangements must be in place to ensure any medication that a pupil might need in an emergency are readily available.

We cannot administer any medication by Law unless it has been prescribed for the child in question via a GP or pharmacy with complete packaging and full instructions.

Soiling

Intimate care for soiling should only be given to a child after the parents have given permission for staff to clean and change the child. Parents who have children in Reception will sign a permission form on admission to Norwood Primary School so that the Reception staff can clean and change their child in the accidental event of the child soiling themselves. Parents of children who regularly soil due to not being toilet trained or have a medical problem will be asked to help draw up a care plan for their child. This will be drawn up with the help of the school nurse and agreed with parents for all children who require intimate care on a regular basis.

If a parent does not give consent, the school will contact the parents or the other emergency contact giving specific details about the necessity for cleaning the child. If the parents/carers or emergency contact is able to come within a few minutes, the child is comforted and kept away from other children to preserve dignity until the carer arrives. Children are not left on their own whilst waiting for a parent to arrive, an adult will stay with them, giving comfort and reassurance. The child will be dressed at all times and never left partially clothed.

If a parent/carers or emergency contact cannot attend, the school seeks to gain verbal consent from parents/carers for staff to clean and change the child. This permission will be sought on each occasion that the child soils him or herself.

If the parents and emergency contacts cannot be contacted the Head Teacher will be consulted. If put in an impossible situation where the child is at risk, staff will act appropriately and may need to come into some level of physical contact, in order to aid the child.

When touching a child, staff should always be aware of the possibility of invading a child's privacy and will respect the child's wishes and feelings.

If a child needs to be cleaned, staff may do this alone but will make sure that:

- Another member of staff is informed that the procedure will be taking place
- Protective clothing and disposable gloves should be worn.
- The procedure is discussed in a friendly and reassuring way with the child throughout the process

- The child is encouraged to care for him/herself as far as possible
- Physical contact is kept to the minimum possible to carry out the necessary cleaning
- Privacy is given appropriate to the child's age and the situation
- All spills of vomit, blood or excrement are wiped up and flushed down the toilet
- Any soiling that can be, is flushed down the toilet
- Soiled clothing is put in a plastic bag, unwashed, and sent home with the child

HYGIENE

All staff must be familiar with normal procedures for avoiding infection, must follow basic hygiene procedures and have access to protective clothing and disposable gloves.

PROTECTION FOR STAFF

Members of staff need to have regard to the danger of allegations being made against them and take precautions to avoid this risk. These should include:

- Gaining a verbal agreement from another member of staff that the action being taken is necessary
- Allow the child, wherever possible, to express a preference to choose his/her carer and encourage them to say if they find a carer to be unacceptable
- Allow the child a choice in the sequence of care
- Be aware of and responsive to the child's reactions

SAFEGUARDS FOR CHILDREN

There is an obligation on local authorities to ensure that staff who have substantial unsupervised access to children undergo police checks. All staff at Norwood Primary School are DBS checked on application and cannot undertake tasks within school until all checks are completed satisfactorily. The DBS's aim is to help organisations in the public, private and voluntary sectors by identifying candidates who may be suitable to work with children or other vulnerable members of society. Personal and professional references are also required and unsuitable candidates are not permitted to work within the school.

All those working with children should be closely supervised throughout a probationary period and should only be allowed unsupervised access to children once this has been completed to their supervisor's satisfaction

OUTCOMES

Children will be happy, safe and enjoy their time in school. The protection and welfare of children is the responsibility of everyone in school. This school will be a place of safety where the welfare, care and protection of children are paramount so that it supports and encourages the growth and development of the individual. Matters concerning intimate care will be dealt with confidentially and sensitively and that the young person's right to privacy and dignity is maintained at all times, whilst supporting and safeguarding members of staff who carry out these tasks. This policy should be read in conjunction with the Safeguarding and child Protection policies.

REVIEW

This policy will be reviewed every three years by the Safeguarding Team of the Governing Body.



PERMISSION FORM FOR THE PROVISION OF CARE

If a child wets or soils themselves while they are at Norwood Primary School, it is important that measures are taken to have them changed (and if necessary cleaned) as quickly as possible. Our Reception staff are experienced and trained at carrying out this task if you wish them to do so or, if preferred, the school can contact you or your emergency contact who will be asked to attend without delay.

If a pupil requiring medical care and support/assistance when changing a medical aid such as a colostomy bag and is not able to carry this out unaided. Our experienced, trained staff will assist with this task.

Norwood Primary School has an Intimate Care Policy which is available to view on our website, or ask for a copy from the office.

Please fill out the permission slip below stating your preference.

Yours sincerely



Mr Lee Dumbell
Head Teacher



Name of Child.....

Class.....

Please delete as appropriate

*I give my consent for my child to be changed and cleaned by Reception staff if they accidentally wet/soil themselves while in the care of Norwood Primary School

*I do not give consent for my child to be changed and cleaned if they wet/soil themselves. The school will contact me or my emergency contact and I will organise for my child to be cleaned and changed. I understand that in the event that I (or the emergency contact) cannot be contacted the staff will act appropriately and may need to come into some level of physical contact in order to aid the child.

Please note that if these accidents become regular then parents will need to meet with school nurse and Pastoral Leader to discuss their child's needs and a care plan will be drawn up.

Signature of Parent/Carer.....Date.....



PERMISSION FORM FOR THE PROVISION OF INTIMATE CARE

Name of Child.....Class.....

Names of Staff responsible for Care:

Names of other Staff able to give Care:

I give my consent for my child to be taken to the toilet and assisted with their toilet needs at regular intervals throughout the school day.

I give consent for my child to be changed and cleaned by staff if they wet/soil themselves while in the care of Norwood Primary School*

I give my consent for my child to be supported/assisted by an experienced, trained member of staff when changing a medical aid such as a colostomy bag and is not able to carry this out unaided.

(please delete as appropriate)

Any other comments

Signature of Parent/Carer.....

Date.....