

# Curriculum Skills and Progression Map

## Physical Education – Striking and Fielding



Key Concepts:

**Teamwork**

**Determination**

**Self-Belief**

**Passion**

**Honesty**

**Respect**

## Curriculum Skills and Progression Map

Organisation of knowledge	Striking	Fielding	Throwing and catching
Relevant ELG	<p>ELG: Gross motor skills</p> <ul style="list-style-type: none"> <li>- Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>- Demonstrate strength, balance and coordination when playing</li> </ul> <p>ELG: Fine motor skills</p> <ul style="list-style-type: none"> <li>- Use a range of small tools, including scissors, paint brushes and cutlery</li> </ul> <p>ELG: Self-regulation</p> <ul style="list-style-type: none"> <li>- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate</li> </ul> <p>ELG: Managing self</p> <ul style="list-style-type: none"> <li>- Explain the reasons for rules, know right from wrong and try to behave accordingly</li> </ul> <p>ELG: Building relationships</p> <ul style="list-style-type: none"> <li>- Work and play cooperatively and take turns with others</li> </ul>		
Vocabulary	See appendix 1		
KS1 readiness objectives	<ul style="list-style-type: none"> <li>• To develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education.</li> <li>• To use their core muscle strength to achieve a good posture.</li> <li>• To confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.</li> <li>• To negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>• To confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.</li> </ul>		

<b>Programmes of study Year 1</b>	<b>Pupils should be taught to:</b> master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities			
<b>Organisation</b>	<b>Striking</b>	<b>Fielding</b>	<b>Throwing</b>	<b>Catching</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>• explore striking a ball with their hand and equipment</li> <li>• understand that the harder I strike, the further the ball will travel</li> </ul>	<ul style="list-style-type: none"> <li>• develop tracking and retrieving a ball</li> <li>• know that throwing the ball back is quicker than running with it</li> </ul>	<ul style="list-style-type: none"> <li>• explore technique when throwing over and underarm</li> <li>• know which type of throw to use to throw over longer distances</li> </ul>	<ul style="list-style-type: none"> <li>• develop co-ordination and technique when catching</li> <li>• know to watch the ball as it comes towards me</li> </ul>
<b>Assessment opportunities</b>	<p>To develop underarm throwing and catching and put this into small sided games. To develop overarm throwing.</p>			

## Curriculum Skills and Progression Map

	<p>To develop striking a ball with my hand and equipment.</p> <p>To retrieve a ball when fielding.</p> <p>To understand how to get a batter out.</p> <p>To develop decision making and understand how to score points.</p>
<b>Vocabulary</b>	<b>See Appendix 1</b>

<b>Programmes of study Year 2</b>	<b>Pupils should be taught to:</b> master basic movements including running, jumping, <b>throwing</b> and <b>catching</b> , as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities			
<b>Organisation</b>	<b>Striking</b>	<b>Fielding</b>	<b>Throwing</b>	<b>Catching</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>develop striking a ball with their hand and equipment with some consistency</li> <li>understand the role of a batter. Know that striking quickly will increase the power</li> </ul>	<ul style="list-style-type: none"> <li>develop tracking a ball and decision making with the ball</li> <li>understand that there are different roles within a fielding team. Know to move towards the ball</li> <li>to collect it to limit a batter's points</li> </ul>	<ul style="list-style-type: none"> <li>develop co-ordination and technique when throwing over and underarm</li> <li>know that stepping with opposite foot to throwing arm will help me to balance</li> </ul>	<ul style="list-style-type: none"> <li>catch with two hands with some co-ordination and technique</li> <li>know to use wide fingers and pull the ball in to my chest to help me to securely catch</li> </ul>
<b>Assessment opportunities</b>	<p>To be able to track a rolling ball and collect it.</p> <p>To develop accuracy in underarm throwing and consistency in catching when fielding a ball.</p> <p>To develop accuracy with overarm throwing to send a ball over a greater distance and limit a batter's score.</p> <p>To develop striking for distance and accuracy.</p> <p>To develop decision making to get a batter out.</p> <p>To develop decision making when under pressure.</p>			
<b>Vocabulary</b>	<b>See Appendix 1</b>			

## Curriculum Skills and Progression Map

<b>Programmes of study</b> <b>Year 3</b>	<b>Pupils should be taught to:</b> <ul style="list-style-type: none"> <li>• Use running, jumping, throwing and catching in isolation and in combination.</li> <li>• Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.</li> <li>• Compare their performances with previous ones and demonstrate improvement to</li> <li>• achieve their personal best.</li> </ul>			
<b>Organisation</b>	<b>Striking</b>	<b>Fielding</b>	<b>Throwing</b>	<b>Catching</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>• <b>begin to strike a bowled ball after a bounce with different equipment</b></li> <li>• <b>know that striking to space away from fielders will help me to score</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>explore bowling to a target and fielding skills to include a two-handed pick up</b></li> <li>• <b>know to look at where a batter is before deciding what to do.</b></li> <li>• <b>Know to communicate with teammates before throwing them a ball</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>use overarm and underarm throwing in game situations</b></li> <li>• <b>know that overarm throwing is used for long distances and underarm throwing for shorter distances</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>catch with some consistency in game situations</b></li> <li>• <b>know to move my feet to the ball</b></li> </ul>
<b>Assessment opportunities</b>				
<b>Cricket</b>	<p>To develop overarm throwing and catching.</p> <p>To develop underarm bowling.</p> <p>To learn how to grip the bat and develop batting technique.</p> <p>To be able to field a ball using a two handed pick up and a short barrier.</p> <p>To develop overarm bowling technique.</p> <p>To play apply skills learnt to mini cricket.</p>			
<b>Vocabulary</b>	<b>See Appendix 1</b>			

## Curriculum Skills and Progression Map

<b>Programmes of study</b> <b>Year 4</b>	<b>Pupils should be taught to:</b> <ul style="list-style-type: none"> <li>• Use running, jumping, throwing and catching in isolation and in combination.</li> <li>• Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.</li> <li>• Compare their performances with previous ones and demonstrate improvement to</li> <li>• achieve their personal best.</li> </ul>			
<b>Organisation</b>	<b>Striking</b>	<b>Fielding</b>	<b>Throwing</b>	<b>Catching</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>• develop batting technique with a range of equipment</li> <li>• know that using the centre of the bat will provide the most control and accuracy</li> </ul>	<ul style="list-style-type: none"> <li>• develop bowling with some consistency, abiding by the rules of the game</li> <li>• know that it easier to field a ball that is coming towards me rather than away so set up accordingly</li> </ul>	<ul style="list-style-type: none"> <li>• use overarm and underarm throwing with increased consistency in game situations</li> <li>• understand that being balanced before throwing will help to improve the accuracy of the throw</li> </ul>	<ul style="list-style-type: none"> <li>• begin to catch with one and two hands with some consistency in game situations</li> <li>• know to track the ball as it is thrown to help to improve the consistency of catching</li> </ul>
<b>Assessment opportunities</b>				
<b>Rounders</b>	<p>To play different roles in a game and begin to think tactically about each role.</p> <p>To develop the bowling action and learn the rules of bowling.</p> <p>To run around the outside of the bases and make decisions about when to stop and when to run.</p> <p>To field a ball using a two handed pick up and a short barrier.</p> <p>To develop batting technique and an understanding of where to hit the ball.</p> <p>To apply skills and rules learnt to play rounders.</p>			
<b>Vocabulary</b>	<b>See Appendix 1</b>			

<b>Programmes of study</b> <b>Year 5</b>	<b>Pupils should be taught to:</b> <ul style="list-style-type: none"> <li>• Use running, jumping, throwing and catching in isolation and in combination.</li> <li>• Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.</li> </ul>			
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## Curriculum Skills and Progression Map

	<ul style="list-style-type: none"> <li>Compare their performances with previous ones and demonstrate improvement to</li> <li>achieve their personal best.</li> </ul>			
Organisation	Striking	Fielding	Throwing	Catching
Progression objectives	<ul style="list-style-type: none"> <li>explore defensive and driving hitting techniques and directional batting</li> <li>understand that stance is important to allow me to be balanced as I hit</li> </ul>	<ul style="list-style-type: none"> <li>develop over and underarm bowling technique. Develop long and short barrier and two handed pick up</li> <li>know that backing up a fielder as a ball is being thrown will help to increase the chances of fielding successfully</li> </ul>	<ul style="list-style-type: none"> <li>demonstrate good technique when using a variety of throws under pressure</li> <li>understand where to throw the ball in relation to where a batter is</li> </ul>	<ul style="list-style-type: none"> <li>explore catching skills (close/deep and wicket keeping) and apply these with some consistency in game situations</li> <li>understand when to use a close catch technique or deep catch technique</li> </ul>
Assessment opportunities				
Cricket	<p>To develop throwing accuracy and catching skills.</p> <p>To develop batting accuracy and directional batting.</p> <p>To develop catching skills (close/deep catching and wicket keeping).</p> <p>To develop overarm bowling technique and accuracy.</p> <p>To develop a variety of fielding techniques and to use them within a game.</p> <p>To develop long and short barriers and apply them to a game situation.</p>			
Vocabulary	See Appendix 1			

Programmes of study Year 6	<p><b>Pupils should be taught to:</b></p> <ul style="list-style-type: none"> <li>Use running, jumping, throwing and catching in isolation and in combination.</li> <li>Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.</li> </ul>
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## Curriculum Skills and Progression Map

	<ul style="list-style-type: none"> <li>Compare their performances with previous ones and demonstrate improvement to</li> <li>achieve their personal best.</li> </ul>			
Organisation	Striking	Fielding	Throwing	Catching
Progression objectives	<ul style="list-style-type: none"> <li>strike a bowled ball with increasing accuracy and consistency</li> <li>understand that the momentum and power for striking a ball comes from legs as well as arms</li> </ul>	<ul style="list-style-type: none"> <li>use a wider range of fielding skills with increasing control under pressure</li> <li>know which fielding action to apply for the situation</li> </ul>	<ul style="list-style-type: none"> <li>consistently demonstrate good technique in throwing skills under pressure</li> <li>consistently make good decisions on who to throw to and when to throw in order to get batters out.</li> <li>Know that accuracy, speed and consistency of throwing and catching will help to limit a batter's score</li> </ul>	<ul style="list-style-type: none"> <li>consistently demonstrate good technique in catching skills under pressure</li> <li>Know that accuracy, speed and consistency of throwing and catching will help to limit a batter's score</li> </ul>
Assessment opportunities				
Rounders	<p>To develop the bowling action and understand the role of the bowler.</p> <p>To develop batting technique.</p> <p>To make decisions about where and when to send the ball to stump a batter out.</p> <p>To develop a variety of fielding techniques and when to use them in a game.</p> <p>To develop long and short barriers in fielding and understand when to use them.</p> <p>To apply the rules and skills you have learnt to play in a rounders tournament.</p>			
Vocabulary	See Appendix 1			





Appendix 1

