

# Curriculum Skills and Progression Map

## Physical Education – Invasion Games



Key Concepts:

**Teamwork**

**Determination**

**Self-Belief**

**Passion**

**Honesty**

**Respect**

## Curriculum Skills and Progression Map

Organisation of knowledge	Believing	Living	Expressing
Relevant ELG	<p>ELG: Gross motor skills</p> <ul style="list-style-type: none"> <li>- Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>- Demonstrate strength, balance and coordination when playing</li> </ul> <p>ELG: Fine motor skills</p> <ul style="list-style-type: none"> <li>- Use a range of small tools, including scissors, paint brushes and cutlery</li> </ul> <p>ELG: Self-regulation</p> <ul style="list-style-type: none"> <li>- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate</li> </ul> <p>ELG: Managing self</p> <ul style="list-style-type: none"> <li>- Explain the reasons for rules, know right from wrong and try to behave accordingly</li> </ul> <p>ELG: Building relationships</p> <ul style="list-style-type: none"> <li>- Work and play cooperatively and take turns with others</li> </ul>		
Vocabulary	See appendix 1		
KS1 readiness objectives	<ul style="list-style-type: none"> <li>• To develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education.</li> <li>• To use their core muscle strength to achieve a good posture.</li> <li>• To confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.</li> <li>• To negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>• To confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.</li> </ul>		

<b>Programmes of study Year 1</b>	<b>Pupils should be taught to:</b>			
	<ul style="list-style-type: none"> <li>- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>- participate in team games, developing simple tactics for attacking and defending</li> </ul>			
<b>Organisation</b>	<b>Sending and receiving</b>	<b>Dribbling</b>	<b>Space</b>	<b>Attacking and defencing</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>- explore s&amp;r with hands and feet to a partner.</li> <li>- know to look at my partner before sending the ball.</li> </ul>	<ul style="list-style-type: none"> <li>- explore dribbling with hands and feet.</li> <li>- know that moving with a ball is called dribbling.</li> </ul>	<ul style="list-style-type: none"> <li>- recognise good space when playing games.</li> <li>- understand that being in a good space helps us to pass the ball.</li> </ul>	<ul style="list-style-type: none"> <li>- explore changing direction to move away from a partner.</li> <li>- explore tracking and moving to stay with a partner.</li> <li>- know that being able to move away from a partner helps my team to pass me the ball.</li> </ul>

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				- know that staying with a partner makes it more difficult for them to receive the ball.
<b>Assessment opportunities</b>	<p>To develop dribbling towards a goal and understand what being 'in possession' means</p> <p>To understand who to pass to and why when playing against a defender</p> <p>To move towards a goal with the ball</p> <p>To support a teammate when in possession</p> <p>To move into space showing an awareness of defenders</p> <p>To be able to stay with a player when defending</p>			
<b>Vocabulary</b>	<b>See Appendix 1</b>			

<b>Programmes of study Year 2</b>	<p><b>Pupils should be taught to:</b></p> <ul style="list-style-type: none"> <li>- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>- participate in team games, developing simple tactics for attacking and defending</li> </ul>			
<b>Organisation</b>	<b>Sending and receiving</b>	<b>Dribbling</b>	<b>Space</b>	<b>Attacking and defencing</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>- developing s&amp;r with increased control.</li> <li>- know to control the ball before sending it</li> </ul>	<ul style="list-style-type: none"> <li>- explore dribbling with hands and feet with increasing control on the move.</li> <li>- know that keeping my head up will help me to know where defenders are</li> </ul>	<ul style="list-style-type: none"> <li>- explore moving into space away from others.</li> <li>- know that moving into space away from defenders helps me to pass and receive a ball.</li> </ul>	<ul style="list-style-type: none"> <li>- developing moving into space away from defenders.</li> <li>- explore staying close to other players to try and stop them getting the ball.</li> <li>- know that when my team is in possession of the ball, I am an attacker and we can score.</li> <li>- know that when my team is not in possession of the ball, I am a defender and we need to try to get the ball.</li> <li>- Know that standing between the ball and the attacker will help me to stop them from getting the ball.</li> </ul>

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<b>Assessment opportunities</b>	<p>To understand what being in possession means and support a teammate to do this</p> <p>To use a variety of skills to score goals</p> <p>To develop stopping goals</p> <p>To learn how to gain possession of the ball</p> <p>To develop an understanding of marking an opponent</p> <p>To learn to apply simple tactics for attacking and defending</p>
<b>Vocabulary</b>	<b>See Appendix 1</b>

<b>Programmes of study Year 3</b>	<p><b>Pupils should be taught to:</b></p> <ul style="list-style-type: none"> <li>- use running, jumping, throwing and catching in isolation and in combination</li> <li>- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>- compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul>			
<b>Organisation</b>	<b>Sending and receiving</b>	<b>Dribbling</b>	<b>Space</b>	<b>Attacking and defencing</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>- explore s&amp;r abiding by the rules of the game.</li> <li>- know that pointing my hand/foot/stick to my target on release will help me to send a ball accurately.</li> </ul>	<ul style="list-style-type: none"> <li>- explore dribbling the ball abiding by the rules of the game under some pressure.</li> <li>- know that dribbling is an attacking skill which helps us to move towards a goal or away from defenders.</li> </ul>	<ul style="list-style-type: none"> <li>- develop using space as a team.</li> <li>- know that by spreading out as a team we move the defenders away from each other.</li> </ul>	<ul style="list-style-type: none"> <li>- develop movement skills to lose a defender. Explore shooting actions in a range of invasion games.</li> <li>- develop tracking opponents to limit their scoring opportunities.</li> <li>- know my role as an attacker and defender.</li> </ul>
<b>Assessment opportunities</b>				
<b>Football</b>	<p>To develop controlling the ball and dribbling under pressure</p> <p>To develop passing to a teammate</p> <p>To be able to control the ball with different parts of the body</p> <p>To develop changing direction with the ball using an inside and outside hook</p> <p>To be able to apply the rules and tactics you have learnt to play in a football tournament</p>			
<b>Handball/Dodgeball</b>	<p>To begin to throw and catch while on the move</p> <p>To learn how to move towards goal or away from a defender.</p> <p>To develop accuracy when shooting.</p>			

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	<p>To be able to apply individual and team defending skills To use a change of direction and speed to lose a defender and move into space. To maintain possession when in attack.</p> <p>To learn the rules of dodgeball and apply them to a game situation. To develop throwing at a moving target. To use jumps, dodges and ducks to avoid being hit. To develop catching a dodgeball at different heights. To learn how to block using the ball. To understand the rules of dodgeball and use them to play in a tournament.</p>
<b>Tag Rugby</b>	<p>To develop throwing, catching and running with the ball. To develop an understanding of tagging rules. To begin to use the 'forward pass' and 'off side' rule. To dodge a defender and move into space when running towards the goal. To develop defending skills and use them in a game situation. To apply the rules and skills you have learnt and play in a tag rugby tournament.</p>
<b>Vocabulary</b>	<b>See Appendix 1</b>

<b>Programmes of study Year 4</b>	<p><b>Pupils should be taught to:</b></p> <ul style="list-style-type: none"> <li>- use running, jumping, throwing and catching in isolation and in combination</li> <li>- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>- compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul>			
<b>Organisation</b>	<b>Sending and receiving</b>	<b>Dribbling</b>	<b>Space</b>	<b>Attacking and defencing</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>- develop passing techniques appropriate to the game with increasing success.</li> <li>- Catch a ball using one and two hands and receive a ball with</li> </ul>	<ul style="list-style-type: none"> <li>- link dribbling the ball with other actions and change direction whilst dribbling with some control.</li> <li>- know that protecting the ball as I dribble will help</li> </ul>	<ul style="list-style-type: none"> <li>- develop moving into space to help my team.</li> <li>- know that moving into space will help my team keep possession and score goals.</li> </ul>	<ul style="list-style-type: none"> <li>- change direction to lose an opponent with some success.</li> <li>- develop defending one on one and begin to intercept.</li> <li>- recognise when to pass and when to shoot.</li> </ul>

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	<p>feet/object with increasing success</p> <ul style="list-style-type: none"> <li>- know that cushioning a ball will help me to control it when receiving it.</li> </ul>	<p>me to maintain possession.</p>		<ul style="list-style-type: none"> <li>- know when to mark and when to attempt to win the ball.</li> </ul>
<b>Assessment opportunities</b>				
<b>Football</b>	<p>To develop controlling the ball and dribbling under pressure.            To develop passing to a teammate            To be able to control the ball with different parts of the body.            To develop changing direction with the ball using an inside and outside hook.            To jockey / track an opponent.            To be able to apply the rules and tactics you have learnt to play in a football tournament.</p>			
<b>Netball/Basketball</b>	<p>To develop passing and moving and play within the footwork rule.            To develop passing and moving towards a goal            To develop movement skills to lose a defender.            To be able to defend an opponent and try to win the ball.            To develop the shooting action.            To develop playing using netball rules.            To develop the attacking skill of dribbling.            To use protective dribbling against an opponent            To develop the bounce and chest pass and begin to recognise when to use them.            To develop tracking and defending an opponent.            To develop the technique for the set shot.            To be able to apply the skills, rules and tactics you have learnt to a mini tournament.</p>			
<b>Hockey</b>	<p>To develop sending the ball with a push pass            To develop receiving the ball.            To develop dribbling using the reverse stick (Indian dribble).            To develop moving into space after passing the ball.            To use an open stick tackle to gain possession            To apply defending and attacking principles and skills in a hockey tournament.</p>			
<b>Vocabulary</b>	<b>See Appendix 1</b>			

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<b>Programmes of study</b> <b>Year 5</b>	<b>Pupils should be taught to:</b> <ul style="list-style-type: none"> <li>- use running, jumping, throwing and catching in isolation and in combination</li> <li>- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>- compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul>			
<b>Organisation</b>	<b>Sending and receiving</b>	<b>Dribbling</b>	<b>Space</b>	<b>Attacking and defencing</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>- develop control when s&amp;r under pressure.</li> <li>- know that not having a defender between myself and a ball carrier enables me to s&amp;r with better control.</li> </ul>	<ul style="list-style-type: none"> <li>- dribble with some control under pressure.</li> <li>- know that dribbling in different directions will help to lose a defender</li> </ul>	<ul style="list-style-type: none"> <li>- explore moving to create space for themselves and others in their team.</li> <li>- know that by moving to space even if not receiving the ball will create space for a teammate.</li> </ul>	<ul style="list-style-type: none"> <li>- use a variety of techniques to lose an opponent e.g. change of direction or speed.</li> <li>- develop tracking and marking with increased success. Explore intercepting a ball using one and two hands</li> <li>- understand the need for tactics and identify when to use them in different situations.</li> </ul>
<b>Assessment opportunities</b>				
<b>Handball/Dodgeball</b>	<p>To develop a variety of passes and know when to use each to help to maintain possession.            To use stepping, dribbling and passing skills to create space, move towards goal and away from defenders            To use defending skills to stop an opponent from scoring.            To select and apply the appropriate skill to score goals.            To use defensive skills to gain possession.            To maintain possession under pressure.</p> <p>To recap on the rules of dodgeball and apply them to a game.            To develop throwing at a moving target            To use jumps, dodges and ducks to avoid being hit.            To develop catching to get an opponent out.            To select and apply tactics in the game.</p>			

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	To develop officiating skills and referee a dodgeball game.
<b>Tag rugby</b>	To develop attacking principles, understanding when to run and when to pass To be able to use the 'forward pass' and 'offside' rules. To be able to play games using tagging rules. To develop dodging skills to lose a defender. To develop drawing defence and understanding when to pass To be able to apply the rules and tactics you have learnt to play in a tag rugby tournament.
<b>Vocabulary</b>	See Appendix 1

<b>Programmes of study</b>  <b>Year 6</b>	<b>Pupils should be taught to:</b> <ul style="list-style-type: none"> <li>- use running, jumping, throwing and catching in isolation and in combination</li> <li>- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>- compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> </ul>			
<b>Organisation</b>	<b>Sending and receiving</b>	<b>Dribbling</b>	<b>Space</b>	<b>Attacking and defencing</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>- s&amp;r consistently using a range of techniques with increasing control under pressure</li> <li>- understand and make quick decisions about when, how and who to pass to.</li> </ul>	<ul style="list-style-type: none"> <li>- dribble consistently using a range of techniques with increasing control under pressure.</li> <li>- choose the appropriate skill for the situation under pressure e.g. a V dribble in basketball to keep the ball away from a defender.</li> </ul>	<ul style="list-style-type: none"> <li>- move to the correct space when transitioning from attack to defence or defence to attack and create and use space for self and others</li> <li>- understand that transitioning quickly between attack and defence will help my team to maintain or gain possession.</li> </ul>	<ul style="list-style-type: none"> <li>- confidently change direction to lose an opponent</li> <li>- use a variety of defending skills (tracking, interception, jockeying) in game situations.</li> <li>- know how to create and apply a tactic for a specific situation or outcome</li> </ul>
<b>Assessment opportunities</b>				
<b>Netball/Basketball</b>	To develop passing and moving To be able to use the attacking principle of creating and using space. To be able to change direction and lose a defender.			



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	<p>To be able to defend ball side and know when to go for interceptions.          To develop the shooting action.          To use and apply skills and tactics to small sided games.</p> <p>To develop protective dribbling against an opponent.          To be able to move into space to support a teammate.          To choose when to pass and when to dribble          To be able to track an opponent and use defensive techniques to win the ball.          To be able to perform a set shot and a jump shot.          To be able to apply the rules and tactics you have learnt to play in a basketball tournament.</p>
<b>Hockey</b>	<p>To develop dribbling to beat a defender.          To develop sending the ball using a push pass          To develop receiving the ball with control          To be able to move into space to support a teammate.          To develop using an open stick (block) tackle and jab tackle to gain possession of the ball          To apply the rules and skills you have learnt to play in a hockey tournament.</p>
<b>Dodgeball</b>	<p>To recap on the rules of dodgeball and apply them to a game.          To develop throwing at a moving target          To use jumps, dodges and ducks to avoid being hit.          To develop catching to get an opponent out.          To select and apply tactics in the game.          To develop officiating skills and referee a dodgeball game.</p>
<b>Vocabulary</b>	<b>See Appendix 1</b>

