

# Curriculum Skills and Progression Map

## Physical Education – OAA



Key Concepts:

**Teamwork**

**Determination**

**Self-Belief**

**Passion**

**Honesty**

**Respect**

## Curriculum Skills and Progression Map

<b>Programmes of study Year 1</b>	<b>Pupils should be taught to:</b> <ul style="list-style-type: none"> <li>• Participate in team games, developing simple tactics.</li> <li>• Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.</li> </ul>		
<b>Organisation</b>	<b>Problem Solving</b>	<b>Navigational skills</b>	<b>Communication</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>• suggest ideas in response to a task.</li> <li>• know that working collaboratively with others will help to solve challenges</li> </ul>	<ul style="list-style-type: none"> <li>• follow a path and lead others</li> <li>• know that deciding which way to go before starting will help me</li> </ul>	<ul style="list-style-type: none"> <li>• communicate simple instructions and listen to others</li> <li>• know that using short instructions will help my partner e.g. start/stop</li> </ul>
<b>Assessment opportunities</b>	<p>To co-operate and communicate with a partner to solve challenges.</p> <p>To explore and develop teamwork skills</p> <p>To develop communication skills.</p> <p>To use communication skills to lead a partner.</p> <p>To plan with a partner and small group to solve problems.</p> <p>To communicate with a group to solve challenges.</p>		
<b>Vocabulary</b>	See Appendix 1		

<b>Programmes of study Year 2</b>	<b>Pupils should be taught to:</b> <ul style="list-style-type: none"> <li>• Participate in team games, developing simple tactics.</li> <li>• Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.</li> </ul>		
<b>Organisation</b>	<b>Problem Solving</b>	<b>Navigational skills</b>	<b>Communication</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>• begin to plan and apply strategies to overcome a challenge</li> <li>• know that listening to each other's ideas might give us an idea we hadn't thought of</li> </ul>	<ul style="list-style-type: none"> <li>• follow and create a simple diagram/map</li> <li>• understand that the map tells us what to do</li> </ul>	<ul style="list-style-type: none"> <li>• work co-operatively with a partner and a small group</li> <li>• know to use encouraging words when speaking to a partner or group to help them to trust me</li> </ul>
<b>Assessment opportunities</b>	<p>To follow instructions and work with others</p> <p>To co-operate and communicate in a small group to solve challenges.</p> <p>To create a plan with a group to solve the challenges.</p> <p>To communicate effectively and develop trust.</p> <p>To work as a group to solve problems.</p> <p>To work with a group to copy and create a basic map</p>		

## Curriculum Skills and Progression Map

<b>Vocabulary</b>	See Appendix 1
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<b>Programmes of study Year 3</b>	<b>Pupils should be taught to:</b> <ul style="list-style-type: none"> <li>take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>compare their performances with previous ones and demonstrate improvement to achieve their personal best</li> </ul>		
<b>Organisation</b>	<b>Problem Solving</b>	<b>Navigational skills</b>	<b>Communication</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>discuss how to follow trails and solve problems.</li> <li>Work with others to select appropriate equipment for the task</li> <li>know that trying ideas before deciding on a solution will help us to come up with the best idea</li> </ul>	<ul style="list-style-type: none"> <li>identify where I am on a simple map. Use and begin to create simple maps and diagrams and follow a trail</li> <li>know to hold the map so that the items on the map match up to the items that have been placed out</li> </ul>	<ul style="list-style-type: none"> <li>follow and give instructions and accept other peoples' ideas</li> <li>know to take turns when giving ideas and not to interrupt each other</li> </ul>
<b>Assessment opportunities</b>	<p>To develop co-operation and teamwork skills.</p> <p>To develop trust and team work.</p> <p>To involve all team members in an activity and work towards a collective goal.</p> <p>To develop trust whilst listening to others and following instructions.</p> <p>To be able to identify objects on a map, draw and follow a simple map.</p> <p>To draw a route using directions. To be able to orientate a map and navigate around a grid</p>		
<b>Vocabulary</b>	See Appendix 1		

<b>Programmes of study Year 4</b>	<b>Pupils should be taught to:</b> <ul style="list-style-type: none"> <li>take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>compare their performances with previous ones and demonstrate improvement to achieve their personal best</li> </ul>		
<b>Organisation</b>	<b>Problem Solving</b>	<b>Navigational skills</b>	<b>Communication</b>
<b>Progression objectives</b>	<ul style="list-style-type: none"> <li>plan independently and in small groups, implementing a strategy with increased success</li> <li>know that discussing the advantages and disadvantages of ideas will help</li> </ul>	<ul style="list-style-type: none"> <li>identify key symbols on a map and follow a route</li> <li>understand how to use a key and use the cardinal points on a map to orientate it</li> </ul>	<ul style="list-style-type: none"> <li>confidently communicate ideas and listen to others</li> <li>understand that there are different types of communication and that I can communicate without talking</li> </ul>

## Curriculum Skills and Progression Map

	to guide us to a conclusion about which idea to use		
Assessment opportunities	N/A		
Vocabulary	See Appendix 1		

Programmes of study Year 5	Pupils should be taught to: <ul style="list-style-type: none"> <li>take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>compare their performances with previous ones and demonstrate improvement to achieve their personal best</li> </ul>		
Organisation	Problem Solving	Navigational skills	Communication
Progression objectives	<ul style="list-style-type: none"> <li>explore tactical planning within a team to overcome increasingly challenging tasks</li> <li>recognise that there may be more than one way to solve a challenge and that trial and error may help to guide me to the best solution</li> </ul>	<ul style="list-style-type: none"> <li>develop navigational skills and map reading in increasingly challenging tasks</li> <li>use a key to identify objects and locations</li> </ul>	<ul style="list-style-type: none"> <li>explore a variety of communication methods with increasing success</li> <li>know to be descriptive but concise when giving instructions e.g. 'two steps to the left'</li> </ul>
Assessment opportunities	N/A		
Vocabulary	See Appendix 1		

Programmes of study Year 6	Pupils should be taught to: <ul style="list-style-type: none"> <li>take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>compare their performances with previous ones and demonstrate improvement to achieve their personal best</li> </ul>		
Organisation	Problem Solving	Navigational skills	Communication
Progression objectives	<ul style="list-style-type: none"> <li>pool ideas within a group, selecting and applying the best method to solve a problem</li> <li>understand that being able to solve problems is an important life skill</li> </ul>	<ul style="list-style-type: none"> <li>orientate a map efficiently to navigate around a course with multiple points</li> <li>understand why having good navigational skills are important</li> </ul>	<ul style="list-style-type: none"> <li>inclusively communicate with others, share job roles and lead when necessary</li> <li>know that good communication skills are key to solving problems and working effectively as a team</li> </ul>

## Curriculum Skills and Progression Map

<b>Assessment opportunities</b>	To build communication and trust whilst showing an awareness of safety. To work as a team to solve problems, sharing ideas and collaborating with one another. To develop tactical planning and problem solving. To share ideas and work as a team to solve problems. To develop navigational skills and map reading. To use a key to identify objects and locations.
<b>Vocabulary</b>	See Appendix 1

