



# Munchkins

Primary Menu April 2022



## Monday

**V** Homemade Cheese & Potato Puff Pastry Parcels with Baked Beans

BBQ chicken Breast with Corn on the Cob, Noodles or Rice

Fruit Muffin

## Tuesday

Braised Beef with Pasta  
*LACA Award Winning Dish*

**V** Vegetable Korma, 50/50 Rice & Naan Bread

Fruit Jelly & Cream

## Wednesday

Roast Turkey or Roast Pork  
Seasonal Veg, Roast Potatoes & Gravy

**V** Quorn Fillet, Seasonal Veg, Roast Potatoes & Gravy

Shortbread Finger & Fruit Slices

## Thursday

Meatballs in Gravy with Cabbage, Carrots & Mashed Potatoes

**V** Vegetable Lasagne with Mixed Salad & Crusty Bread

Oat & Apple Slice with Custard or Cream

## Friday

Battered Fish, Peas & Sweetcorn, Chipped Potatoes

**V** Sausage Roll. Baked Beans & Hash Browns

Peach & Pineapple Flapjack

### Available daily:

Fresh sandwiches, jacket potatoes with fillings, salad and fresh bread

### Also available daily:

Fat free yoghurt, fresh fruit, fresh fruit juice, semi skimmed milk and fresh water

**V** Suitable for vegetarians



Sefton Council  
Sefton Catering Services

