

# Munchkins

Primary Menu September 2023

Week  
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Monday

Cook's Choice Pizza,  
Coleslaw, Salad, ½ Jacket  
Potato

✓ Veggie Sweet & Sour,  
Boiled Rice

Shortbread Biscuit & Sliced  
Fruit

Tuesday

Chicken Curry, Boiled, Rice,  
Naan Bread

✓ Herby Cheese & Potato  
Puff Pastry Turnover,  
Baked Beans

Ice Cream Pot

Wednesday

Honey Glazed Gammon,  
Vegetables, Paprika Roast  
Potatoes & Gravy

✓ Sliced Quorn Fillet & Gravy,  
Vegetable Medley, Roast  
Potatoes

Rice Pudding & Jam Sauce

Thursday

Chicken Pie, Mashed  
Potatoes & Carrots

✓ Loaded Vegetable &  
Lentil Cottage Pie &  
Greens

Fresh Fruit Salad

Friday

Fishy Friday, Mushy Peas,  
Chipped Potatoes

✓ Roasted Vegetable Pesto Pasta,  
Crispy Salad

Fairy Cake



**PASTA KING**  
Served here

Available daily:  
Fresh sandwiches, jacket potatoes  
with fillings, salad and fresh bread

Also available daily:  
Fat free yoghurt, fresh fruit,  
fresh fruit juice, semi skimmed  
milk and fresh water

✓ suitable for vegetarians